BAY OF PLENTY
DISTRICT HEALTH BOARD
HAUORA A TOI

Cnr Clarke St & 20th Ave
Private Bag 12024
Tauranga 3143
New Zealand
Phone 07 579 8000

OIA REQUEST

Received: 09 November 2021
Due: 07 December 2021
Response Date: 30 November 2021
Subject: ADHD Diagnosis and Services

In response to your request under the Official Information Act, please find our response below:

Request

1. **Do you diagnose ADHD for those under the age of 18, and for those over 18? If so, what is the process to getting a diagnosis, and who does the diagnosis? If not, please explain why not.**
   The BOPDHB does provide young people under the age of 18 years with assessment for ADHD depending on the needs of the young person. Diagnosis may be made by a paediatrician, psychologist or psychiatrist.

   BOPDHB does not routinely provide specialist assessments for ADHD of people over the age of 18 although ADHD assessment may be considered as a differential diagnosis for a range of maladaptive behaviours for those already diagnosed requiring other treatment.

   Referrals made for only ADHD assessment in those over 18 years are referred out to private psychiatry.

2. **What is the waiting list/average time frame to be diagnosed over the last 12 months? (for under and over 18)**
   BOPDHB is unable to make an accurate assessment of this due to the way data is collected. It would require manual review of all cases to assess this. Pursuant to clause 18(f) of the Official Information Act the BOPDHB is declining release of this information on the grounds that to provide the information would require substantial collation. This information is not held in an easily retrievable electronic data system and would be part of clinical notes. To provide this information would require going through individual notes/records which would take a substantial amount of time and resource.

3. **What support do you provide once they are diagnosed?**
   Support will be provided based on the needs identified in assessment and willingness to engage with services. If medication is required, secondary service applies for a special authority number and the person is then referred back to the GP for medication management as appropriate.

4. **Do you have the ability to cope with an ADHD person in crisis? What care is provided?**
   Yes, BOPDHB does have the ability to support a person diagnosed with ADHD who may be in crisis. The care provided will depend on the presentation and assessment of the person.

Bay of Plenty DHB supports the open disclosure of information to assist the public understanding of how we are delivering publicly funded healthcare. This includes the proactive publication of anonymised Official Information Act responses on our website. Please note this response may be published on our website. Official Information Act | Bay of Plenty District Health Board | Hauora a Toi | BOPDHB

You have the right to request the Ombudsman investigate and review our response. www.ombudsman.parliament.nz or 0800 802 602.

Yours sincerely

DEBBIE BROWN
Senior Advisor Governance and Quality