

Te Whatu Ora Health New Zealand Hauora a Toi Bay of Plenty	SMOKEFREE - INPATIENT STANDARDS	Policy 5.4.2 Protocol 4
SMOKEFREE PROTOCOL		

PURPOSE

To ensure patients / clients who are admitted to Te Whatu Ora – Health New Zealand Hauora a Toi Bay of Plenty inpatient services are screened for smoking risk, offered brief advice and recommended support to stop smoking.

STANDARDS TO BE MET

1. On admission patients must be given the ABCs of smoking cessation (refer to protocol 0). Consider the use of interpreters for patients who do not speak English as a first language.
2. Patients must be informed that Te Whatu Ora Hauora a Toi Bay of Plenty hospitals, vehicles and grounds are smoke and vape free as per policy 5.4.2 protocol 1 Smokefree - Facilities Standards.
3. Helping patients who smoke. Best practice is:
 - 3.1 Recommend Nicotine Replacement Therapy to manage tobacco withdrawal (faster acting products such as gum, lozenges or inhalator may be preferred initially). Instruct the patient on how to use the product.
 - 3.2 Provide Smoking Cessation ABC intervention.
 - 3.3 Offer patients, parents / carers of admitted child nicotine replacement therapy (NRT) and recommend a community referral to cessation provider. Clearly document the parent / carer is receiving the intervention.
 - 3.4 QuitCards may be issued for 4 to 8 weeks supply of subsidised NRT (\$5 per product type)
 - 3.5 Recommend a referral to a cessation provider or General Practitioner (GP)
 - 3.6 Document as per usual ward / unit practice:
 - a) Green Smokefree Assessment & Treatment form; or
 - b) Medical Day Stay Admission to Discharge Planner; or
 - c) Medical Admission Proforma; or
 - d) Green ED sticker.
4. Patients who insist on smoking
 - 4.1 If the patient is clinically unstable and it is unsafe for them to leave the area the senior nurse on the ward and medical staff must be informed that the patient is wishing to leave ward against medical advice to smoke or vape
 - 4.2 Clinical staff must document in the patient's health record:
 - a) That the patient is insisting on smoking or vaping against medical advice
 - b) Offers of NRT and outcome to therapy. Consider use of Nicorette inhalator to improve compliance.
 - 4.3 Patients will be advised to notify staff when leaving the ward to go outside and smoke or vape and that they must go outside the hospital boundaries to smoke or vape.
 - 4.4 The patient is to be advised if they are about to receive treatment and asked to delay going outside to smoke or vape. Reinforce offer of NRT to delay frequency or need to go for a smoke.
 - 4.5 If a patient is unable to leave the clinical area unaccompanied due to reduced mobility they are to be advised that family / whānau / friend will be required to take them outside hospital boundaries.
 - 4.6 An employee may choose to consider accompanying a patient outside only if significant risk to the patient's immediate health is present and the patient has declined the above actions to pursue cessation of tobacco use. The employee is to

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take positive action to protect them from exposure to exhaled tobacco smoke if accompanying a patient off site to smoke. This includes covering uniform and positioning yourself at a safe distance from the smoking patient / client.

- 4.7 Employees who smoke or vape are not permitted to smoke or vape themselves when accompanying a patient off site to smoke or vape as this contravenes employee responsibility to provide healthy role modelling.

ASSOCIATED DOCUMENTS

- Te Whatu Ora Hauora a Toi Bay of Plenty policy 5.4.2 Smokefree / Auahi Kore
- Te Whatu Ora Hauora a Toi Bay of Plenty policy 5.4.2 protocol 0 Smokefree – Smoking Cessation ABC's
- Te Whatu Ora Hauora a Toi Bay of Plenty policy 5.4.2 protocol 1 Smokefree - Facilities Standards
- Te Whatu Ora Hauora a Toi Bay of Plenty policy 5.4.2 protocol 2 Smokefree – Employee and Contractor Standards
- Te Whatu Ora Hauora a Toi Bay of Plenty policy 5.4.2 protocol 3 Smokefree - Mental Health & Addiction Services (MH&AS) Inpatient Units Standards
- Te Whatu Ora Hauora a Toi Bay of Plenty policy 5.4.2 protocol 5 Smokefree – Management of Nicotine Dependence
- Te Whatu Ora Hauora a Toi Bay of Plenty Clinical Practice Manual protocol CPM.M3.3 Medication – Registered Nurse (RN) Initiated Medications (Adult)
- Te Whatu Ora Hauora a Toi Bay of Plenty Medication Standing Order SO.ORG.O4.1 Nicotine Replacement Therapy (NRT) Medication Supply
- Te Whatu Ora Hauora a Toi Bay of Plenty Medication Practice Manual protocol MED.N2.1 Nicotine Dependence Therapy - Inhalator (Nicorette)
- Te Whatu Ora Hauora a Toi Bay of Plenty Medication Practice Manual protocol MED.N2.2 Nicotine Dependence Therapy - Gum, Lozenge, Patch (Habitrol)
- Te Whatu Ora Hauora a Toi Bay of Plenty Medication Practice Manual protocol MED.N2.3 Nicotine Dependence Therapy - Tablets (Bupropion Hydrochloride)
- Te Whatu Ora Hauora a Toi Bay of Plenty Medication Practice Manual protocol MED.N2.4 Nicotine Dependence Therapy - Tablets (Nortriptyline)
- Te Whatu Ora Hauora a Toi Bay of Plenty Medication Practice Manual protocol MED.N2.5 Nicotine Dependence Therapy - Tablets (Varenicline as Tartrate)
- Te Whatu Ora Hauora a Toi Bay of Plenty policy 1.3.1 Consumer and Whānau Feedback and Complaints Management
- Te Whatu Ora Hauora a Toi Bay of Plenty policy 3.50.13 Investigation and Disciplinary
- Te Whatu Ora Hauora a Toi Bay of Plenty policy 5.1.6 Transport – Te Whatu Ora Hauora a Toi Bay of Plenty Fleet Vehicle
- Te Whatu Ora Hauora a Toi Bay of Plenty Incident Management form
- Te Whatu Ora Hauora a Toi Bay of Plenty Form FM.R4.6 Referral Smokefree Community (Hāpainga)

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